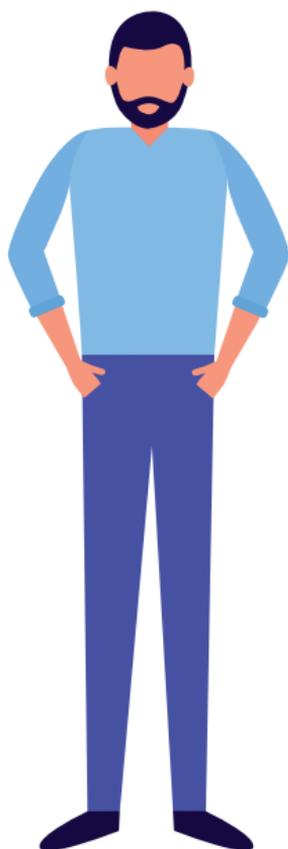


Men's Case Management Program

Free, personalised support for men who want to stop using violent or harmful behaviours.



Who the program supports

Our program supports men aged 18 years and over who want to change their behaviour and overcome the challenges holding them back. These challenges may include housing instability and homelessness, drug and alcohol use and/or mental health struggles.

How we can help

Take the first step towards positive change. We're here to support you every step of the way. Our program is designed to support you through in-person or telephone sessions. We'll work with you to develop your goals and can offer support in the following areas.

Referrals to services for help with:

- accommodation
- financial issues
- mental and physical health problems
- legal issues
- drug and alcohol use
- employment
- parenting issues
- social supports.

Education and support

- **Understanding family violence:** Learn about the impact of abuse, control and violence on family members.
- **Supporting children:** Understand how family violence affects children.
- **Men's behaviour change program:** Join one of our programs and get more support to make lasting changes.

Family safety support

Family safety is a vital part of the program. Our staff will contact your family members to offer them support and assistance they might need. We do this because people exposed to or affected by family violence also need support.

Cost

There's no cost to you. Bookings are essential.

Getting started

Reach out to one of our centres in Boronia, Kew, Cranbourne North or Sunshine.

We'll organise a time for you to meet privately with one of our experienced case managers to discuss your situation.

If the program is suitable for you, we can offer up to 20 hours of personalised support.

During the program time, your case manager will work with you to identify your goals including for behaviour change, and will connect you to relevant support services. In some circumstances, we may also be able to help you meet costs associated with accessing these services.

Contact us

Boronia and Kew

Phone: (03) 9725 9964

Email: fvteambor@rav.org.au

Cranbourne North

Phone: (03) 5911 5400

Email: mcm@rav.org.au

Sunshine

Phone: (03) 8311 9222

Email: sunshine@rav.org.au

About us

Relationships Australia Victoria (RAV) is a community-based, not-for-profit organisation that has been providing family and relationship support services since 1948.

Our services are for all members of the community, regardless of their religion, age, gender, sexual orientation, lifestyle choice, cultural background or economic circumstances.

Visit www.rav.org.au to learn more.



We're committed to providing safe, inclusive and accessible services for all people.



We acknowledge First Nations peoples as the Traditional Owners and Custodians of the lands and waterways of Australia and support their right to self-determination and culturally safe services.

We recognise the lifelong impacts of childhood trauma.

We recognise those who had children taken away from them.



Relationships Australia Victoria acknowledges the support of the Victorian Government.