

Support for Fathers

HEALTHY RELATIONSHIPS FOR DADS

Programs to support dads. Because supported dads are happier, healthier and more engaged with their children, partners, families and workplaces.

Working with Dads

For professionals and service providers

A 3-hour, facilitated program that provides knowledge, practical advice and strategies for engaging dads and families in positive and effective ways. We deliver both online workshops for individuals, and workshop packages for groups or workplaces.

95% of participants would recommend 'Working with Dads'.

Dads in the Workplace

For employers and workplaces

Interactive, evidence-based workshops and peer support sessions for dads and father-figures, delivered in workplaces. We tailor each program to meet the needs of your business, organisation and employees.

'I feel more engaged as a father. Having considered the ways that other fathers have made their family a priority and hearing their stories [has] encouraged me to find joy in everyday experiences of fatherhood.'

- Dads in the Workplace participant

DadStuff

For dads and father-figures

A free program sharing information and options for being a dad, your relationship with your partner and connecting with your kids. Delivered online quarterly.

92% of attendees said they would recommend DadStuff to another dad.



Contact us

Find out how we can customise training packages to support your organisation, workplace or community group.

Email supportforfathers@rav.org.au

Find out more

For more information, including free resources for dads, a professionals' toolkit and upcoming programs, visit supportforfathers.com.au

About Support for Fathers

This national project aims to support dads and father-figures, professionals and services that work with dads, and businesses.

We provide options and information about fatherhood, partner relationships and connecting with kids. We also support professionals, services and employers to work more thoughtfully and effectively with dads and families.

Relationships Australia Victoria is funded by the Australian Government Department of Social Services to provide Support for Fathers.

Relationships Australia[®]

VICTORIA